

# 1-Day Bike Build Program



## TRACTION

This introductory TRACTION experience engages young people aged 12-15 years and builds confidence, social connections and life skills.

### Participants have fun while:

- building a bike from scratch and learning how to maintain it
- developing riding skills and road safety awareness
- making new friends and connecting with positive role-models



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## Program includes

- 6-hour workshop from 8.30am to 2:30pm
- Support for 6 young people
- 2 TRACTION mentors to facilitate the program
- Optional BBQ lunch
- Optional (additional cost): BMX bike for each young person to keep

## Cost

**Please enquire for program pricing.**

**Mobile and 'pop up' workshops available!**



**To book your TRACTION Bike Build program, contact your TRACTION Regional Coordinator or call (07) 3102 9565 today!**

### **Traction for Young People Ltd (TRACTION)**

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